

## Durrow Parish Newsletter

Compiled by the Durrow Scouts

Fr. Jackie Robinson's OUTLOOKAcceptance is Happiness

An American Psychiatrist told a medical conference last year about a Sabatical he took. In his work he constantly met vulnerable people, wounded people, misfits of all sorts, who couldn't cope with their lives without help, so he decided when he got this long holiday to spend it with happy people. It would make a nice break for himself, and he might be able to find the magic ingredient that brought contentment.

He travelled around America, and through colleagues, and social workers he contacted the care-free, the lighthearted, and sociable people in various towns and lived with some of them, and examined their lifestyles. He was surprised to discover that the happy people had just as many problems as his patients. They suffered illnesses, disappointments, marriage break-ups, unemployment, problem children, and all other human ills.

The difference, we'll call it 'The Happiness Factor' lay in their attitude to their lives. They looked on the bright side of things. Those who lost loved ones, picked up the pieces and thanked God that they had the health and strength to carry on. Those who lost their health were grateful that they had neighbours that helped. The poor were happy if they had enough to eat and so on.

His favourite story was about a jolly woman he met who had absolutely nothing going for her. She was poor, and delicate. Her first husband had a painful long fatal illness, her second husband disappeared the day they discovered that their newborn baby was handicapped. The story of her life was tragic. One disaster followed another, but still she smiled, cared for her child with love, and helped everybody in any way she could.

The Psychiatrist asked her the secret of her contentment, the lady just grinned and said "I decided a long time ago that if the good Lord was only going to send me lemons, I might as well make lemonade".

So, now, today, think about your lives. Count your blessings, go on, There's more than you thought isn't there? Thank God for his goodness and I hope too many of you won't have to make lemonade.

Historical Snippet

by J. Conroy

Before pollution was heard of and our rivers were crystal clear the river Nore was noted for its abundance of fish especially Salmon.

My late father told me Durrow had some of the greatest poachers in Ireland, which included his own father Johnny Conroy. They were held in high esteem by the ordinary people, perhaps that was because they "beat the system". Of course they were not the friends of the local gentry.

Salmon poaching was a great source of revenue. I was speaking to a man I met in the Bridge Bar some time ago and he gave me a great story. As a young boy the workmen at Durrow Mill would engage him as a lookout, this would mean he would have to stay up a tree on the Mill Road and wave a flour bag if anyone hostile to poaching was coming along, the method they employed was to close the Mill sluice gates and of course the salmon were an easy target then. Lorries coming to collect mill stuff from Dublin would take the salmon and have the money on their return trip.

Famous pools on the Nore such as "The Compawns" where the Erkiná joins The Nore and of course "The Fossey Rock" always said to have no bottom. It is said the bank was never without a poacher, especially on Sundays.

Fas "Women in enterprise"

Women in enterprise is a Fas training scheme for women who have been out of work force for some time and who wish to develop their skills so as to return to work or set up their own business.

Anyone interested should contact Margaret Tynan at 0502 - 34148 not later than the evening of Monday 19th February.

Durrow I.C.

The monthly meeting was held on Tuesday 13th February. There was a good attendance. Miss S. O'Neill attended the meeting with a view to starting Glór na nGael. Anyone interested please contact 36395.

Great credit is due to the Fas team for the wonderful work they have done on the hall with Mrs. Mai Bowe Chairwoman of the sub-committee at the helm. Now with good heating and pleasant surroundings we look forward to new members and better attendance at the monthly Whist Drive.

An open day will be held on St. Patrick's Day with a sale of work and cake sale from 2.00 - 5.00 p.m. Tea will be served.

Competition winners Mrs. M. Doyle and Mrs. M. Campion.

Next meeting March 13th and next Whist Drive March 6th.

C.Y.M.S. Notes

On Wednesday 7th February the long awaited finals of the Senior Snooker Tournament were played. At 7.30 p.m. Andrew Walsh and Liam Kelly contested for the 3rd and 4th place play off in which Liam Kelly won 2-0.

Then the final was played. It was between Kevin Brophy and John Carter, and was the best of 5 frames. It was a superb game throughout. It ended 3-2 in favour of John Carter, who won on a re-spotted black in the final frame. It had to be the closest final ever played in the C.Y.M.S. and also one that contained a high level of skill, experience, and entertainment.

Silver Circle Week 11

1st	£25	Delaney Roscrea
2nd	£10	D. Mullins, Avonmore
3rd	£5	Mrs. Kenna, 2 st. Fintan's Tee.
4th	£5	R. McSweeney, Portl.oise
5th	£5	L. Campion, More Nets.

Durrow & District Anglers

Durrow & District Anglers will hold a Cabaret in the Durrow Inn on St. Patrick's Night. Tickets £1 each are now on sale from all Committee members. Music by The Comets. There will be a door prize on your tickets.

CONGRATULATIONS to Geroid Ryan and Teresa Lawless on their recent engagement.

CONGRATULATIONS to Fintan Hennessy on his 21st birthday.

## FIRST AID

You are almost certain at sometime in your life, to come up against emergencies calling for immediate on the spot assistance - this is known as First Aid.

First Aid is the first help a casualty receives. The name indicates that there is more to follow - qualified treatment given by a person such as a doctor or nurse etc.

Some of the accidents will be minor, and you may be able to treat them your self. Where they are more serious you should not try to do more than is absolutely essential. You may unknowingly make a simple injury or fracture worse, while intending to do good.

The aims of First Aid are - to save lives - to treat injuries so that they will improve and to relieve pain and distress - to get the casualty to hospital or to a doctor as quickly as possible.

What should I do first? Assess the situation. Speed is essential if lives are to be saved : so quickly,

1. Check if the casualty is Breathing. If not apply artificial respiration.
2. Check for Severe Bleeding. Stop blood flow by direct pressure on the wound.
3. Check if the casualty is breathing but Unconscious. Turn to recovery position.
4. Deal with bad wounds or serious burns.
5. Prevent movement of suspected fractured or dislocated bones.
6. Get casualty to hospital for observation and treatment.
7. Look after Yourself - you don't want to become another casualty.
8. Remove the casualty from direct danger of further injury, breathing, severe bleeding, unconsciousness. Whatever the injuries send someone for qualified help by calling an ambulance, doctor etc. at the earliest possible opportunity.

Do Not leave the casualty until help arrives.

### Tommy Brophy Charity Soccer

On Sunday 18th February in the Lions Soccer Field the following matches will take place.

- 2.30 p.m. Preliminary Round                      3.30 p.m. Quarter Final  
Noel Keenan's    V    Sportsman Inn                      Mary Lennons    V    Michael Gaughans
- 4.30 p.m. - Quarter Final  
More Nets    V    John Phelans.

All proceeds will go to the Senior Citizens Party so please come out and support this worthy cause.

Admission £1 adults with children free. CSO

### Durrow & District Camera Club

Durrow and District Camera Club are holding their first meeting since the Photography course finished, on Monday next February 19th in the Club premises, The Square.

This months competition is based on the slides taken on the night out in Kilkenny at Christmas time.

CONGRATULATIONS to Oliver Lawlor who got his teachers examination in Floristry. Oliver did his examination through The Society of Floristry in England. His qualification means that his degree is accepted in every country in the world. Oliver has been teaching in England this year and will be again in May.

### Durrow Scouts

The Scout of the year trophies were awarded to the winning Scouts at a recent troop meeting. This award, which is in its third year, goes to the Scout who hops the poll in the following categories:-

1. Attendance at Scout meetings.
2. Wearing of uniforms to meetings and
3. Attendance at outdoor activities, hikes, camps etc.

The winners for 1989 were:-

1st	Karen Stapleton	46 points
2nd	Amy Walsh	45 "
3rd	Mark Donohue	43 "

The competition was the closest since the awards began. Congratulations to all the winners and well done Karen on the highest winning score in the history of the Durrow Troop.

Congratulations are also extended to Niall Kelly (Venture Section) who goes to Dublin on Sunday 24th February to receive his Chief Scouts Award. Niall achieved this award - the highest Scout award in the country - while a member of the Scout section. Not only is he the first member of Durrow Scouts to gain this distinction, he is also the first Scout from the Slieve Bloom District to do so. At the time Niall won the award the local troop was one of the tops in the country, proved by their 6th placing the National Scout Assoc. of Ireland Competition 1986 - 1988.

Four teams from Durrow took part in the recent Slieve Bloom District Table Quiz, while we had no winners the night proved to be a success as it brought the active troops from the District together. 14 teams took part and the winners were members of Mountrath Scout Troop.

Thanks to the following for transport: Mona Keana, Dolores Caapion, Mary O'Sullivan and Seamus Clancy.

### Table Quiz

A Table Quiz will be held on Thursday 22nd February in the Castle Arms Hotel at 8.00 p.m. Proceeds are in aid of the re-roofing of the Band Room which was damaged in the recent storms.

Your support would be gratefully appreciated.

### Instant - Colour I.D. Photos

Instant Colour I.D. Photos for Driving Licence, Passports etc.

Contact: Michael Conroy, Durrow. Telephone: 36227 and 37265

### Cub Scout News

Seven new Cubs will be invested on 23rd February in the C.Y.M.S. Hall. Our District Commissioner from Mountmellick will invest the new cubs and will also present our Sixers and Seconders with their badges.

The National Sixer and Seconder camp will be held in Belfield on the 1st - 4th June - have all you sixer and seconders given in your names and deposit?.

TO ALL WHO ARE INTERESTED: The right of way from the Derry Road to the Derry Wood is being cleared by the Fas team and should be ready for use by the end of next week.