

ATHLETICS: Avril Deegan travelled to France recently where she took part in the French National Cross Country Championship as a guest with Club Vernon. This was a huge event and Avril ran well in a large field of over 300 scoring second for the team and placed 41 overall. A fantastic experience for Avril which is good preparation for the All-Ireland Schools Cross Country in Belfast this 11th of March. Best of luck Avril and all the Thurles presentation school team.

THE HARPS GAA CLUB: Upcoming Hurling Fixtures: This Sunday March 12th at 2.30pm Kinnity come to The Harps GAA grounds in Durrow for the second round of the Leinster Hurling League. Please come along in large numbers to support the lads. Following this game, The Harps travel to Clonad for the first round of the League on Saturday March 18th at 4pm. Finally, on Wednesday 22nd March at 8pm the final group stage of the Leinster League will be played under lights in Heywood against Dunamaggin.

Annual County Board Draw: The Harps GAA Club would like to thank everyone for their support in the large uptake of tickets. Unfortunately we had no winners in March, however there are still three draws remaining - April, May and June and hopefully some of our supporters will strike it lucky!

THE HARPS GAA JUVENILE SECTION: The Nursery Programme for Junior and Senior Infants Boys will continue on Sundays in Cullohill Community Centre from 12pm until 1pm.

PAUL WILLIAMS TO LEAD WOODENBRIDGE WALK TO SUPPORT CCTV: Sunday Independent crime correspondent Paul Williams will lead the Woodenbridge Community Alert Blueway Walk on Sunday 19th March. Starting at 2pm from the Woodenbridge with registration from 1.15pm. This 7km trail follows the Erkina River for 3km traversing the scenic Curragh Wetlands where many species of migrant Birds make their home for the Winter. The walk then turns right into the beautiful Alluvial Woodlands to follow the forest path of Bishopswood leading to the public road. From here the trail continues by Dereen to the finish at Newtown Mill where refreshments will be held. On the evening a monster raffle will also be held with numerous prizes on offer. Tickets are currently available from the organising committee. All are invited to be part of this event which will support the Woodenbridge Community Alert CCTV Project. The group have plans for installing a CCTV system at six agreed locations in the area. This will be completed over a number of phases. At phase one the plan is to install 3 cameras close to the exit and entrance of junction 3 off the M8 Motorway at Oldglass, Ballacolla. The day will also prove a unique occasion as this trail has never been walked in its entirety before. For information contact (087) 2395357.

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ST VINCENT de PAUL: Anyone looking for help can contact us on (087) 3476012.

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INNER WORLD YOGA & MEDIATION STUDIO: Offering Yoga for beginners, Yoga for men, Restorative Yoga and Sound Meditation. For more information or to book a class call Zara on (087) 1225752, Ballynevin, Cullohill.

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OFFER: * Organic Nia mini facial and back massage only €40 (normally €50). * Full body he shi golden spray tan with file and polish (one week polish) on fingers & toes... only €35 perfect for upcoming day/night out!

PHELAN'S TOPLINE HARDWARE, DURROW (057) 8736121 OFFERS AND SPECIALS: Thinking outdoor? Thinking paint? Fleetwood Weatherclad Outdoor Masonry Paint now in stock. All interior decorating accessories in stock. Demar ultralight wellingtons from €34.95 ladies & mens... Don't forget! WE OFFER FREE DELIVERY, WE CUT HOUSEHOLD KEYS & WE MIX PAINT! Find us on Facebook: [facebook.com/toplinephelans](https://www.facebook.com/toplinephelans) online.

FOR SALE: Bed 4'6" with Pine Frame and Mattress, reasonable price. Good condition. Contact (087) 8304044.

FOOTH HEALTH PROFESSIONAL: Ciara Butler (MCFHP, MAFHP, H.Dip.) Practice Nursing, Abbeyleix - (087) 1278453. Routine Foot and Nail Care, Corn & Callus Removal, Thickened Fungal Nail Reduction, Verrucae Advice and Treatment, Nail Trimming, Diabetic Foot Care Advice and Treatment. Email: cfoothealth@hotmail.com

CASTLEWOOD FARMSHOP: Now re-opened. Organic meat, apple juice, eggs and other produce. Farmshop and tearoom open Fridays and Saturdays 10am - 5pm; Sunday 11am - 5pm. Enquiries to Dominic (087)9694070.

LAPTOP + COMPUTER SERVICING AND REPAIR: Is your laptop running slow?, full of pop-up ads? and generally frustrating to use? Call Laois Computer Services on (087) 4103520 - Phone 6pm-10pm and 10am-6pm weekends.

NEXT NEWSLETTER: The next newsletter will be on sale weekending **March 25th & 26th.**

ADVERTISE HERE: All adverts must be booked with Angela Drennan (087) 1928522 or Mary Walsh (086) 3055157. Advertisements cost €2 per issue of Durrow Parish Newsletter and must be paid for in advance.