

Membership Renewal: Annual Membership is due, please have all renewal forms into Emer O'Brien for Canoeing Ireland Renewal, please check your email, our Viber or Facebook group chats for details. If you would like to join, the membership form is available on our website, or contact any member, or message through our Facebook page for more details.

Level 2 Kayaking Training: LKCC will be running a Kayaking Training session on the weekend of 27th and 28th May. A fun two days of weekend paddling, games and on-the-water instruction for both adults and Juniors (U18) who want to learn the basics of kayaking with qualified Canoeing Ireland instructors. This course is part of Laois Kayak and Canoe Club's Summer Development Programme. What you will learn: To kayak safely & competently on flat water, An understanding of the Basic Paddling Techniques and Safety Rules of canoeing, An ability to Enter and Exit a kayak correctly, Forward Paddle, Reverse Paddle, and Stop, An ability to turn while stationary using Forward Sweep Stroke, Reverse Sweep Stroke and a combination of Forward and Reverse Sweep Strokes, Simple Draw Stroke, Low Brace

Turning on the Move, Edging while the kayak is moving, Capsize Drill, An ability to assist in an Assisted X Rescue and/or an H Rescue. Group sizes are limited to a maximum of 12 persons Booking details are on our Facebook page.

Interested in Kayaking: Our Summer kayaking training and introduction sessions are now booking. Midweek Paddling will start again on Wednesday evenings, once the evenings are longer. If you are interested in taking up paddling please keep an eye out on Facebook and on our website for introduction nights, training sessions and events for Junior and Senior paddlers - see www.laoiskayak.com online.

LIONS FC: The Lions are entering an Over-35 Soccer team into a Summer League. If anyone over thirty five is interested in playing, please contact any committee member of the Club.

THE HARPS GAA CLUB: U16s in Final: The Harps U16s have made a great start to the year in both hurling and football and have now qualified to play Abbeyleix in the hurling league final this Tuesday evening. The hurlers have beaten Ballacolla-Mountrath, Ballinakill Gaels, Abbeyleix, Portlaoise and Raheen Parish Gaels and now look forward to Tuesday's re-match with Abbeyleix. The Footballers also have done very well beating Portlaoise B, Graiguecullen and Ratheniska. Championship is first priority but nice to get a good start to the year in both leagues!

Panel - Lorcan Fitzpatrick, Thomas Walsh, Billy McEvoy, Jim O'Connor, Rian Edwards, Ciaran Shortall, Tiarnach Doheny, James Duggan, Aaron Grady, Ben Dunphy, Conor Delaney, Mikey Monahan, Pauric Walsh, Daire Quinn, Jim Kirby, Ciaran Burke, Cody Comerford, Mark Holland, Darren O'Neill, Mark Deegan, Bill Phelan, Emmett Moore, Tony Lee Donoghue, Patrick Daly, Jack Murphy, Jake Downey, Edward O'Brien, Thep Fitzpatrick.

Date for your Diary: The Harps Annual Race Night will be held in Lennons Venue, Durrow on Saturday July 1st. Players and Committee members will shortly be selling horses for the event. Please support this vital fundraiser.

HARPS CAMOGIE CLUB: Congratulations to Jim Kelly who was the recipient of €500 in our last Barney's Bonus Bonanza.

Congratulations also to our club members who were part of the Colaiste Mhuire, Johnstown team which won the

Classified Ads

LOOKING FOR A WEBSITE? Get your Business or Personal Website online now. Contact Andy on (083) 4554040.

PHOTO REPAIR AND ENHANCEMENT: If you have any old or damaged photographs that you need repaired, enhanced or manipulated, please contact Andy, 16 Derrywood, Durrow on (083) 4554040. Initial repair and one 5" x 7" print - €25. Each additional 5" x 7" print thereafter - €5. Visit www.noalphabet.com online!

INNER WORLD YOGA & MEDIATION STUDIO: New Class Times: Mondays 10am-11am - Yoga & Meditation; Wednesdays 7.30pm-8.30pm - Yoga & Meditation; Thursdays 7.30pm-8.30pm - Restorative Yoga; Fridays 3.45pm-4.45pm - Yoga for Fifth and Sixth Class Students. Booking is required as space is limited. Also offering Yoga for beginners, Yoga for men, Restorative Yoga and Sound Meditation. For more information or to book a class call or text Zara on (087) 1225752, Ballynevin, Cullohill.

LISA'S BEAUTY and MASSAGE ROOM in CULLOHILL: Fully qualified beauty and physical/sports injury massage therapy. Treatments include: Swedish/hot stone/deep tissue/sports/pregnancy and Indian head massage. Waxing, tinting, threading, spray tanning, gel polish, manicure, pedicure, organic Nïa facials, Hopi ear candling & more. For enquirers or an appointment call Lisa on (087) 1257628 or check out the Facebook page @lisasbeautymr online.

OFFERS: *Hydrating organic Mini facial with relaxing scalp massage only €20 (normally €25)

*Get your feet summer ready with a nourishing pedicure €25 (normally €30)

PHELAN'S TOPLINE HARDWARE, DURROW (057) 8736121 OFFERS AND SPECIALS: Goulding Lawn Feed Weed and Mosskiller only €19.99 Save €5!! Fleetwood Weatherclad 11L White Masonry Paint only €39.99! Bord Na Mona Compost Pro 50L- two for €10! Don't forget! WE OFFER FREE DELIVERY, WE CUT HOUSEHOLD KEYS & WE MIX PAINT! Find us on Facebook: [facebook.com/toplinephelans](https://www.facebook.com/toplinephelans) online.

FOOTH HEALTH PROFESSIONAL: Ciara Butler, (MCFHP, MAFHP, H.Dip. Practice Nursing) Abbeyleix - (087) 1278453. Routine Foot and Nail Care, Corn & Callus Removal, Thickened Fungal Nail Reduction, Verrucae Advice and Treatment, Nail Trimming, Diabetic Foot Care Advice and Treatment. Email: cbfoothealth@hotmail.com

CASTLEWOOD FARMSHOP: Now re-opened. Organic meat, apple juice, eggs and other produce. Farmshop and tearoom open Fridays and Saturdays 10am - 5pm; Sunday 11am - 5pm. Enquiries to Dominic (087) 9694070.

LAPTOP + COMPUTER SERVICING AND REPAIR: Is your laptop running slow?, full of pop-up ads? and generally frustrating to use? Call Laois Computer Services on (087) 4103520 - Phone 6pm-10pm and 10am-6pm weekends.

FOR SALE: Clothesline Poles, Winders, Pulleys, Wall to Wall Clotheslines, Retractable Clotheslines, Winders and Pulleys for old Lines. Fabricated Rotary Clotheslines. Bicycle Stands. Contact: Sean Doyle on (087) 2068972.

NEXT NEWSLETTER: The next newsletter will be on sale weekend **May 27th & 28th.**

ADVERTISE HERE: All adverts must be booked with Angela Drennan (087) 1928522 or Mary Walsh (086) 3055157. Advertisements cost €2 per issue of Durrow Parish Newsletter and must be paid for in advance.